

Power of Perpetual Regeneration Through the Tones of Purity 21:22 (15 min meditation with music playing longer)

Visualization 11 To allow for deepest renewal in the black waters of the soul

- ⌚ Place the Wheel of perpetual regeneration with the tone of purity at your back, behind the navel area.
- ⌚ With your left hand on wheel of the Labyrinth of the Solar Plexus (below) and your right hand on the solar plexus, see the black waters of the wellspring of your soul pour through the solar plexus, which opens like a doorway.
- ⌚ See it fill your body from the feet and every toe, up the legs. Let it fill every cell — dissolving the cells of the body, the blood, the bones, the teeth — all separate organs and parts.
- ⌚ Continue this until you are a form of black accessible potential. Know that it is perpetually renewed.

Now take in following affirmations that are powers of purification:

- ⌚ *My body as ever-renewing potential that I express is not subject to aging, illness or death.*
- ⌚ *In purity of being that has no agenda and is surrendered to Infinite Intent, I illuminate the fabric of existence.*
- ⌚ *As I strive for purity, I release dense energies of matter from my cells and fill them with every higher vibratory light.*
- ⌚ *In dynamic unfolding of purity, I remove illusion through perception and fluidly repattern all that was corruptible into patterns of incorruptibility.*
- ⌚ *In surrendered trust and recognizing that I know nothing, I allow Infinite Intent to live in me as effortless knowing and inevitable action.*
- ⌚ *I enter into limitless alchemy in purified body that now births the seeds of divinity.*

Feel into those affirmations, and allow your entire being to dissolve in the black waters through which form and formlessness are one.

Feel all personal will, wants, attachments dissolving so that you can embody agendaless purity more deeply. When the tones of Purity are embodied by the few, reality changes for the many and the purity of manifestation is restored as a new reality. In purity of manifestation, we do not use our will and to force our agenda onto life, we allow life to be appreciated as it flows through us. Through keen awareness, and the deep trust of knowing that every moment is exactly the way it should be, even if we can't see it, we bring into manifestation the purity of Infinite Intent quicker, revealing the perfection of what seemed like the flaws of life.

Any attempt to impose your will on life creates a distorted overlay over the perfect pattern of ever-changing, Infinite expression. You fossilize the mediocrity of the past moment into your present reality when you try to hold on to specific outcomes. You lose connection to the luminous and regenerative power of the present moment, as you resist it from arising in you. This causes body tension, traps toxins, and invites pathogens to oppose you in body, and oppositional situation and people in life.

Pathogens, fungus, heavy metals, illness, disruptive people, cataclysmic events...all dissolves as we move beyond duality and surrender to Higher Intent. We become incorruptible...capable of reforming all that has shown up in opposition.

Let the patterns of the past become fluid and yield to the majestic revelations of the moment. Ask that the past live in you only as inspiration, that you live the moment majestically and with unsurpassed excellence...as you do this, all is reformed and enters into its higher evolution.

Open deeply to being reformed at a higher order in the formlessness of the black waters...

- ⌚ *I release the need to know, the need for predictability, belief in matter over consciousness, I release being bound by linear change, and through effortless expression of inevitability through unwavering trust in divine perfection, I transcend to a higher reality.*
- ⌚ *All challenge inspires me to deeper being...I dwell beyond conditions. With exuberance and meticulous self-care do I love all that I am to higher expression. Illness inspires me to deeper being...vitality catalyses greater creative self-expression.*
- ⌚ *I release all obsolete stories and past history—without history I have no coping or defence mechanisms. I am the child in wonder at All That Is. I value the dance of light and shadow in which I participated. I move to fun-filled, graceful, devotional and innocent lightness of being.*
- ⌚ *I formlessly form the body anew always. In readiness to be amazed, my self-concept expands with every new revelation. I know possessions as a flow rather than as something static.*
- ⌚ *I release the need to steer today by yesterday's wisdom, and I enter into reverential journey of the now. I release all shelters to safety through surrendered trust. I enjoy the veils of mystery and the challenges of expressing new tones of existence through my being.*
- ⌚ *In recognizing my innocence I enter into purified awake states. I dissolve the illusion of needing boundaries, and allow higher perception for balanced maturity and self-sovereign living.*
- ⌚ *All duty dissolves with the tension, and I have pure appreciation for all that I am capable of. I leap into new being, and know the purity and perfection of my body.*
- ⌚ *I have uncompromising devotion to clarity and uncontrived, transparent expression.*
- ⌚ *I am unselfconscious virtuosity.*
- ⌚ *I am unfathomable beauty.*
- ⌚ *I am an exquisite miracle.*

When all is still, command that your being return to the deep abiding peace of knowing that all is perfect, that you are the creator of reality...and that fear is a game the child plays. Feel yourself beyond all the games...feel yourself as pure potential, able to shape-shift...and the most profound shape-shifting happens when you change how you know yourself to be.



Labyrinth of the Solar Plexus, by Almine (www.spiritualjourneys.com)