

The Voice

"To speak from the shallow cup of the little self, depletes our supply. To communicate from the well-spring of existence feeds immortality"--it draws in higher reality, until through the sacred word, we will have manifested heaven on earth.

The voice is the transmitter and receiver of the living, creative *Word*. Any other use of the voice depletes the speaker as well as the environment.

People often wonder at the practicality of the esoteric--but I have found it to impart incredible insight on how to live most effectively. Below are some insights on the power of the voice, for healing or destruction....

Take a few deep breaths right now...and speak out loud...feel the quality and the resonance of your voice. Is it timid...seeking to be understood, received...do you speak to feel validated? Do you swallow your words and speak tentatively, afraid of being made wrong, or shut down? Is your voice aggressive, cutting, pleading, whining, sighing...In Chinese medicine, in assessing a client, you listen to the voice and can tell what patterns of deficiency or excess are present in them. Broadly speaking, in deficiency, we allow interference and control from others; in excess patterns we steal energy from others and are under the laws of compensation. In both cases, we are unfree and bound to linear time.

The voice that gossips, tries to manipulate, control or persuade is a *death force mantra* in the body. The voice commands the body, either to regeneration or to aging and decay.

The voice that has agenda is said to be 'murderous' on the astral or energy plane (Rudolf Steiner). We commit 'murder' of astral life. Our dreams first manifest on the astral plane before they may come into the physical. The voice that rages and rants, that cuts and hurts others is a wild force of destruction on the energy plane. The voice that whines or complains kills its own dreams that may be forming on the subtle levels of reality. All of life withers around a person with an unruly voice..plants shrivel and animals shrink away or bear the burden in their bodies. The walls in the house of the rager or whiner hold the negative energies, for example, and the space is polluted and agitating to sensitive ones.

What we murder on the energy plane, we 'maim' in our etheric body. We cut off the flow of life force from parts of us through our misguided use of the voice. This creates etheric 'holes' through which others cord in and drain us of life. So powerful is the voice that it cuts right through all the subtle bodies and creates holes and tears that reach to the physical...(See image below, for a depiction of holes in the etheric fields).

We imbue our inner terrain and outer environment from how we speak...from what we say. Guard how you use your voice, as it is the most potent of your tools to create acidity or alkalinity in the body. The timber and resonant quality of your voice commands your body systems and organs to higher harmony or to disharmony, as the case may be.

As you increase in vibration through purification, you will hear the healing or destructive tone of your voice reverberating in your body far more clearly. And as you awaken the senses, you will hear it even more acutely—to the point where small talk will feel instantly draining.

For most, the voice is the primary form of expression for the egoic false self that believes itself to be the body, emotions and thoughts. This locks the body into...or 'banishes' it to the realm of density...

Anything expressing from separation consciousness depletes the limited resources of the body, causing aging, decay, and poor vitality. As the body is, so is the environment. Is it any wonder that the environment

has so much pollution. Were it not for the elemental beings that purify the finer ether streams in the air, we are told, we would die within hours from the collective pollution of our deafening clamouring words. By mercy are we sustained in life force when we live in separation.

Speak not to manipulate, control or persuade, but let your words be free from attached outcome. Your words are the veils that are drawn to reveal or conceal the never-ending mysteries of the Eternal Being.¹

Most fear silence and engage in idle chatter. Yet, every time you speak idly, you cause yourself to age. Become comfortable with the silence between words...hear it deeply, and soon you will speak differently.

"Speaking without the deep desire to communicate is an act of aggression and defiance against life, for it is an attempt to control through words."

The voice must be **free of will** in order to be a force of regeneration and life...The voice that comes from will is draining of our meagre supply...only in speaking without agenda, from depth within, are we engaging in the creative alchemy of sound and silence.

Breath, prana, frequency, and love of truth merge in the voice, which is another powerful source of nourishment to body and life.

141. The Infinite Moment



Kasmit-hilestra-brahut

Let your speech come from silence and let silence come from speech. When you speak, let it be the automatic communication of a silenced mind. When another speaks, let the words be received in silence that their intent may be felt in oneness with the speaker.²

Let your words flow from the eternal silence of your infinite song, that the depth of your being may touch that of another between your words. 1

1 Almine, Arasatma - 7 Breaths of Eternal Life.

2 Almine, Dragon Magic, wheel # 141.

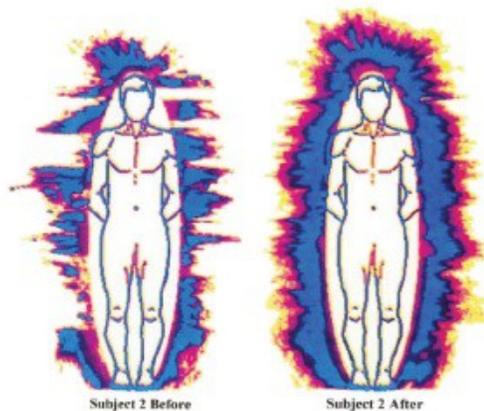
*“The wall of words is broken down
By the silences that follow
Alternate the sounds of your verbal dissertation
With heartfelt silence and soundless communication
Feel your way past the illusion that words spin,
Deceiving you into thinking you know.”*

When we speak from the deep wellspring of eternal life, our words become alive and bring life to our creations and our environment. We literally speak life force into our reality. Our agendaless words spoken spontaneously from inspiration and in gratefulness at expressing in joyful self-deepening, pour out freely and nourish all who can receive them...they nourish our body and all of life around us.

When we breathe and speak from our wholeness, from the full pranic tube that draws up life force from the earth...from our whole chakra system, from the fullness of our DNA in co-resonance with our true Heart, our voice carries the resonant tones of the eternal real self...it carries healing to every part of the body, unifying all systems, unifying the cells and nourishing each one. From the Lemurian angels, we are told, *“Our voice is a sound healing device—a blessing of our infinite self...breath, sound and prana become one..alchemically fused.”*

Feel into your voice as the most sacred tool of manifestation...Prepare to be a worthy vessel that may wield the living power of the creative Word....

The more you free yourself up from the binds of the tribe, the more you express from the full DNA potential, the more resonant and rich becomes your voice. You command yourself, through the voice, into greater confident presence, into mastery over the world of form. You will live from the eternal self revealed, as you express spontaneously renewed expression in the moment that is that ever new and full of all potential. To the one who honors his/her voice in this manner, the universe bows down.



Before and after image of a person having had a Belvaspata healing session, wherein etheric holes are restored.