

Surrendered Trust ~ Angelic Sound and Light Elixir

Short Audio Meditation

This audio has three elixirs from angelic beings that help with the release of control and surrendered trust to the newborn moment unfolding. A short contemplation is given with each one. Repeat it and each time you will get deeper clearing and new insight.



Life unfolds in a sporadic series of jerks when resisted, and in fluid effortless grace, when embraced – the choice is ours. Where we resist, we dwell in mistrust of life and in fear of what may happen. We use coping and defence mechanisms to meet life, which are based on the past. When we bring the past to bear on the present in a manner of trying to overcome the challenges, we impose yesterday's consciousness on today and keep repeating the past. This leads to mediocrity and stagnation.

Tune into all resistance and tendencies to control life...and release all of that now. Where have you shut life down...allow those places to enliven...to be created anew...

Let the past live as inspiration– the so called failures as much as the successes– and be done with it beyond that. Approach the moment as the great unknown, and embrace it as the moment wherein you flourish to higher expression. Choose to fluidly reshape being and life in each moment, and you will experience yourself as a time lapse flower that continually blooms into ever greater beauty and magnificence.



To fight against density and illusion is to fight against our own choice not to fully express aspects of our being. Self-abandonment is the cause, density and illusion the effect. Release all ties that bind you now...release all collusion, all belief systems, and allow every stifled impulse you've ever had to awaken in you once again. Feel the excitement of the child waking up to a beautiful day of play. Use your imagination. Release all ties that bind now...relax the Gut/navel area

and release all control and sink into the new found possibility of self-discovery.

All that you can ever experience or perceive in life is created by that which you emphasize or suppress. You are the sovereign cause of your reality.

When you suppress and project, you create shadow out in the world that holds you hostage. Be done with that now and embrace the unexpressed parts as the unopened Christmas presents under the tree. Each one will unleash great potency through you and into your life.

Embrace all that is in your life, and find what needs to express now in order to full presence it.



A life that flourishes is one that allows the new to effortlessly unfold through it, while maintaining an eternal perspective. You cannot know Infinite Intent without glimpsing into Eternity.

In surrendered trust you will attune to eternity as it ripples through you in feeling. Do not force meaning on things...do not interpret and think you understand the whole picture...creation is too vast for simple microcosmic level interpretation. Surrender deeply and be grateful to experience and feel deeply. Whisper your intentions lightly but do not hold to necessary fixed outcomes.

The river of grace moves the one who fluidly allows all to change without holding on to anything. Yesterday's understandings do not serve today. Allow the new from depth within to arise....and you will flourish in continual unfoldment of the ever new.



Light Elixir for the Surrendered Mind

Below is a light elixir¹ that will help you to reach the surrendered mind that dwells in stillness. You are invited to look at it for a few minutes before meditation with the angelic elixir provided.

General Use:

You may view before meditating, when in fear or overwhelm, etc. You may want to print and laminate a small wallet-size version.

Use it to disengage from the stories of separation, achieve emotional self-sovereignty, and accelerate body evolution to full potential of resurrected being.

"Trust Through the Surrendered Mind"

"The prerequisite to achieving the rapture of surrender into Oneness is trust through releasing all resistance created by mind. The sigil of trust through the surrendered mind is designed to assist with this life-altering process."



¹ This was created by the great mystic, seer, and teacher Almine, who brings us much occult information that reveals the path to accelerated evolution.