

The IMT-Enhanced Clearing, Healing, & Manifestation Symbol Process and Tool

*An Inner Mastery Tool to Support Accelerated Clearing,
Healing, and Evolution Toward Greater Freedom and
Empowerment*



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.....	1
IMT-Enhanced Clearing, Healing & Manifestation Symbol	3
An Etheric Description of the Enhanced Healing Symbol	4
Baseline IMT Activations	5
The Joyful Clarity & Veil Removal Tool.....	5
The Mind Purification & Expansion Tool.....	7
The Trinity Love Transformer Tool.....	8
Divine Blessings & Purification Tool (DBPT).....	10
The All-Levels Clearing & Harmonizing Tool.....	11
How to Use Your IMT-Enhanced Healing Symbol.....	12
Clearing Unwanted Patterns.....	12
Enhancing Manifestation.....	13
General Quickening.....	13
Creating Your IMT-Enhanced Healing Symbol.....	14
Having Your IMT-Enhanced Healing Symbol Installed.....	16
Vibrationally Encoded Image to Clear Your Spaces.....	18
Appendix A: About the Developers	19

IMT-Enhanced Clearing, Healing & Manifestation Symbol

The IMT-Enhanced Healing Symbol Process was devised in order to create a simple means for a person to utilize and access Inner Mastery vibrational Tools in a manner that is both convenient and effective. I used it with my clients, linking in all activations done in session work to their symbol, so that they could continue the clearing and integration between sessions. I received such great feedback on the process, that we decided to come out with a perfected general version that has a baseline set of IMT activations encoded into it, and can be augmented with more IMT activations over time.

The IMT-Enhanced Healing Symbol Tool delivers activation of five powerful IM Tools in a very specific manner so that it targets whatever a person is focused on. It can be used to clear and reprogram patterns (negative beliefs, unwanted behaviors, reactions, emotional states, thought patterns, physical pain or illness, etc.) or to magnify positive patterns, or initiate or magnify manifestations. Each time it is used, the Tool generates “trigger healing codes” such that the IMT-EHS will activate automatically on similar patterns that come up, supporting further desired healing and transformation.

Your personalized IMT-EHS can be augmented with coding from other IMT activations, the work you do with IMT modules, vibrationally encoded images, IMT-enhanced trigger affirmations, and any activations from session work with an IMT-practitioner. Each time you work with a new IMT module, affirmation sets, images, or receive activations via a healing session with an IMT-practitioner, all the new coding will automatically be linked into your personalized IMT-EHS, which you can apply to yourself at any time in the course of daily life. Each time, the EHS will focus on what you are preoccupied with, transmitting IMT activations to support shifting that brings you to greater wholeness.

An Etheric Description of the Enhanced Healing Symbol

In Nature, the sun is ball of information—DNA coding— that shines forth and inspires all forms of life. The sun contains a weave of energies, like many threads coming together from different directions. The Sun draws threads of information from the planets in the solar system, from its own more central sun, and all the other suns all the way back to the central sun of Creation. Our sun weaves all these energies together and then shines that composite light on us.

DNA works the same way—many strands of particular threads of information weave together and the whole of the DNA glows with the composite light of these various source threads.

The EHS works in this manner as well. In the beginning, your EHS draws threads of information/healing energies from the *Mind Purification and Expansion Tool*, the *Joyful Clarity Tool*, the *Trinity Love Transformer Tool*, the *Divine Blessings and Purification Tool*, the *All-levels Clearing & Harmonizing Tool*, and certain specific activations to deepen your connection with your Higher Self, activate the Heart center, clear your energy bodies, etc. These Tools are programmed to activate in a certain way, to clear and shift whatever you are focusing on that is not whole, or to magnify and accelerate whatever is already whole. These multiple threads of healing vibrations come together in your EHS and vibrate as a composite light in the ethers.

As you become familiar with more IM Tools through session work, IMT modules, working with trigger affirmations or activations, each Tool or dedicated set of activations gets added to the blazing sun of your EHS Tool. The more strands, the more complex your EHS becomes, and the more flexible and comprehensive it is for healing and manifestation. Like the sun, your EHS combines all these new strands/energies and sends them to you through magnetic vibrations from the higher planes.

And as the IM Tools are continually perfected and evolved by many Light Beings dedicated to humanity's spiritual awakening, your EHS will automatically be upgraded to reflect this. Furthermore, each time you use your EHS, you are conveying information to it on what you want targeted for transformation or manifestation. The Tools have innate intelligence—they will work with you to deliver the maximum possible effect, and based on what you target for transformations, they will activate automatically on all similar patterns or situations that come up, even without your conscious intervention.

The IMT-EHS resembles a complex fractal of light codes in the ethers. It is an 'overlighting' intelligence that works within a person in his/her full multidimensionality.

Once activated, the EHS has as ‘mission’ to support you toward ever greater wholeness and deepening of soul presence and power.

Baseline IMT Activations

The IMT-EHS utilizes **five main IM Tools** to clear and reprogram patterns, along with a host of other supporting IMTs and activations. These main Tools are used in specific ways to target patterns under focus.

- ⌚ The Joyful Clarity & Veil Removal Tool (JCT)
- ⌚ The Mind Purification and Expansion Tool (MPET)
- ⌚ The Trinity Love Transformer Tool (TLT)
- ⌚ The Divine Blessings & Purification Tool (DBPT)
- ⌚ The All-levels Clearing & Harmonizing Tool (ACHT)

Each Tool is powerful in and of itself, but used in this combination in a specific manner, they effectively shift the energy of almost any pattern a person may be facing. This combination has been used extensively in the therapy setting with tremendous success. While direct access to these Tools and their full functionality is not included via the IMT-EHS, you will get their full power as they work on clearing and reprogramming limiting patterns, or on strengthening positive patterns. The Tools are described briefly, below.

In addition, a combination of other IMTs and standalone activations are utilized as needed, in order to get to greater depth of clearing. These include Tools to clear limiting beliefs, emotional habits, and trauma (body-level), to do repair of DNA and restoration to full divine potential, to accelerate physical body healing, and more. But the five IMTs described below provide the basic framework for the IMT-EHS.

The Joyful Clarity & Veil Removal Tool

The Joyful Clarity & Veil Removal Tool is designed to clear away the layers of distortions and lies that exist in your perception of people (including self), your relationship to things (e.g. money, work), events, conditions or situations in your outer reality, so that you are able to perceive things with clarity and approach ever deeper truth of being while experiencing it as a joyful or pleasantly freeing experience. By ‘joyful clarity’ is meant that the truth is experienced in a manner that presents no resistance, as it immediately expands your sense of self and so is more readily embraced and integrated.

Only in truth are revealed the mysteries of creation. Only in truth do wisdom and power bear fruit. If you consider that God is *All That Is*, and God-reality is everywhere to be

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uncovered, then clearly you will understand the immense importance of this Tool, which helps perceive through the eyes of God to the spirit underlying all that is real. The more rooted perception is in truth and clarity...free of veils of illusion, the easier it is to establish divine order and manifest heavenly good on earth.

The JCVRT targets distortion in perception from two main sources: 1- erroneous beliefs or assumptions, and 2- preferences or agendas. With errors in belief and assumptions we perceive through a lens of preconception and jump to conclusions that are not the truth. With preferences or agendas we perceive through a lens colored by desire for future outcomes—we try to coerce present reality and are not open to seeing things fully and without bias. In the latter case, by our perceptions we limit solutions from the small perspective of the fearful, selfish, controlling self, and are misaligned to highest solutions that may serve all. Our preferences create the veils that keep us in illusion. Truth is the pathway that leads to God's reality wherein we are soul presence expressing through a human personality—the soul is infinite in depth and potential, and it is only in truth that we may access this reality. The JCVRT enforces an ever increasing baseline of truth in perception, clears error in thinking, mitigates preferences by flowing energies of true fulfillment, and works hard to restore control of the indwelling consciousness to the soul that is far less distorted than the lower personality.

Distorted perceptions create a vibration of untruth that is out of sync with divine order and guidance, thus impeding or even repelling the natural flow of goodness to us, creating illusion, and attracting negative or 'corrective' events into our life. When we move to perceiving greater truth, we raise our vibration and become open and magnetic to natural greater good coming into our life.

The JCVRT may be regarded as providing a new lens of ever deeper truth through which to see the world; and with truthful perceptions there automatically comes new avenues of choice that support the highest good of all. Along with the new avenues of choice that reflect highest pathways, the Tool further helps you to envision the full consequences to your life by adopting these new perceptions and insights. It also dispels illusion with the old lens of perception, and you will feel the energies from those illusions played out over time, so that the old avenues that you were often triggered or drawn into will no longer feel appealing on an energetic/discernment level. In this manner, **the JCVRT provides a high degree of hindsight from foresight.**

In addition, as your mind receives visions of the new potential realities, your body receives the energies and capacities that are unfolding for you in those new pathways as new body rhythms. In this manner, you will feel an increasing affinity and attraction for, as well as feel capable of choosing those new avenues. Those grander futures become high probabilities as you begin to embody the energies as though you were already in them. In time, the old futures you were headed toward lose their appeal as you see 'through them' to their ultimate painful conclusions. You increasingly move away from being a vibrational match to those old patterns, until they dissolve completely from your realm of probability.

The JCVRT is an illumination tool that will help you see everything in the light of truth and will highlight and make you magnetic to the pathways of higher consciousness and transcendence out of illusion and into Reality.

In the IMT-EHS, the JCVRT supports you to perceiving the pathways of resolution for whatever you are seeking to transform, and immersing you in the expansive energies of those new futures, making it easier to attract them to you and engage new behaviors that are in sync with them.

The JCT can be used to shift the following and more:

Resistances, perceived problems, unwanted behaviors, to manifest, embody desired traits, ability to face self and process and clear the past, gain insight into other people's behaviors, improve relationship dynamics, move from problem to solution consciousness, move out of duality consciousness, dissolve veils, cultivate a greater affinity for truth, achieve emancipation from group-think or enmeshment with others, greater ability to discern what is good for you and connection to inner guidance, ever greater ability to attune to the Mind of God, clear blocks in the 3rd eye and increase clear perception, clear blocks in the Throat and increase co-creative power and impact in life.

The Mind Purification & Expansion Tool

The MPET clears out distortion and errors in beliefs and in thought forms accessed by the mind. It clears patterns of mind control and subjugation or subduing within the faculties of thinking, feeling, and willing (that spans all levels), and brings harmony to them. It works from the present moment, but extends its impact into the past to clear distortions from the points of origin, and this past reprogramming is brought through the future timelines and back to the present, producing the greatest potential vibrational shift in the present. The clearing is performed at all levels upon which the distortions may be held.

The Tool works on a theme or a pattern—a set of beliefs, behaviors, emotional states, perceptions, etc.—and supports clearing as described above. It then supplies the mind with new patterns that open a person to infinity truth and optimize accelerated evolution. Along with these new patterns, new energies and understandings needed to engage those new patterns are also woven in and integrated. The MPET also targets supporting patterns, as well as etheric cords to thoughtforms or persons from which the errors originated, enabling deeper and permanent transformation.

In time, the old patterns morph into new patterns that reflect the beauty and infinite nature of truth. Along with these new patterns comes healing support to

resolve fear of standing in truth and leaving the consensus reality that binds so many to the illusion. As emancipation from consensus increases, one's entrenchment in the past and enmeshment with others begins to dissolve, effectively making way for the soul to imprint more deeply and begin the transmutational process that will create the substance of the higher spiritual bodies. .

Thoughtforms, emotional energy, and will impulse are accessed through the mind, but where is the mind? Mind is non-local—no-where but it is also everywhere in our being. All thoughtforms, feelings and will impulses are subtle energies interplaying and moving through the various levels of the body. When we think a thought, though it may be an old thought we've had many times before, new energy is generated. Every time we think a thought, a new layer of subtle energy is added to the body. Thoughts are associated with feelings and emotions, and this too gets woven into the layer. Dysfunctional thoughts that we resist or react to, get stuck in the body and the more layers, the more it causes blockage in the flow of subtle energy. How many thoughts do you have in a day, and how many of those do you think are negative and dysfunctional?

The Mind Purification and Expansion Tool targets all thoughtform energy in the body. As thoughtforms are either made whole and beautiful or disintegrated by the MPET, thinking harmonizes with better feelings and will impulse, and the body begins to heal also. So as perceptions become lighter and more hopeful, so the body experiences lightness and greater harmony. Thoughtforms supported to evolve will remind a person of the reality beyond the mind, beyond time, which reflect the laws of eternity. They will uphold the truth of being, and so all thoughts of separation or condemnation will eventually be cleared. And when thoughts no longer support illusion, illusion will become less perceptible and the world of Spirit will once again become visible.

Furthermore, the Tool supports that the mind's perceptions are moving toward wholeness. If the mind sees another person in an imbalanced state, it will correct for the imbalance and emanate via magnetic resonance, the resolution toward balance and wholeness. So a person using the Tool becomes **a living solution for imbalance in the world.**

The Trinity Love Transformer Tool

Love is the alchemical power to transmute and dissolve all that is not of the love vibration. Sacrificial love (known as *agape*) is the substance that created everything that appears in the vibrational realm that is the reality of God--anything outside of this reality has not been birthed in sacrificial love and is subject to complete transmutation by the forces of love in the course of time. The higher the vibration of love, the greater its

transmutational power—not only to restore divine order and bring harmony to disruptive forces, but also to create higher pathways not yet known.

The Trinity Love Transformer Tool has several fundamental functions, and many that build upon that foundation. These functions are to restore or enhance the sense of true self in God, restore or enhance the power of morality as an inner faculty that can receive Divine Wisdom, undo the effects of having gone too deeply into egotism or separation beyond the level for healthy egohood (where the ego is bound to the body), spark love and respect of self in God, and then spark the impulse from self-evolution to selfless evolution, which ensures that the self then evolves toward the Higher Self and beyond. In addition, the Trinity Love Transformer Tool clears selfish love through supplying the energies of neediness and completing the patterns in thought, feeling and willing to support a return to wholeness and harmony within. It works to harmonize the etheric powers of the trinity Heart, so that love may fructify wisdom and come to expression through a love impulse in the will.

It also helps to connect a person to the *Heart Field*, and helps to strengthen the *morality flow* from Heart to Pineal—supporting weaving in with the expanded Christ impulse that is anchored into planet at present.

The return to self means your life will become centered in the true self, and all that you need for fulfilment of your life will draw toward you, much as the planets are drawn toward to the sun. You will become the *Sun* of your world, magnetic and able to attract all good into your orbit.

The Trinity Love Transformer Tool also has a global mission to perform. The Tool propagates a *love virus* to counteract the forces of mind control, hate and death that have been seeded in mankind. To this end, it reprograms the fear response in all those it comes into contact with. The new response cultivated by the TLT is one of connecting to an inner core of strength and seeing things as challenging rather than fearful. It clears away comfort zone and self-sabotage programs and will make you sensitive to the voice of inner guidance only, eliminating harmful self-doubt. The TLT can be used on any situation, past, present or future, to seed love and affect all players involved. As a companion presence, the TLT will help you wield the power of love in all life situations and guide you towards new avenues of choice that reflect the higher intelligence of love in life. It can even be used to transform water and food, and will go back through the production chain and affect all processes involved.

In the IMT-EHS, the TLT is activated to work on all the origins of the patterns you are clearing and reprogramming, removing past self-denial and beliefs that maintain lack of self-love. The past is a thoughtform or vibration that we carry around, which acts much like a mantra that continually resonates within our being. As the past is rewritten, the vibration or mantra changes to one that expands your being, and you will feel powerfully changed and supported to growth in the present.

Divine Blessings & Purification Tool (DBPT)

The **Divine Blessings & Purification Tool (DBPT)** has as primary goal to infuse a person with vibrations to shift out of stuck emotional states and accelerate the attainment of desired capacities, traits, and understandings.

From our work in the course of 2011-12, we found that most people's bodies had become increasingly unreceptive to divine vibrations, and most were attuned to the vibrations from the false 'vener' that was infiltrating in many ways. So an effective Tool also had to resolve the issue of receptivity to divine energies, and this needed to be addressed on all levels of being. Also in the course of the work, we were gifted with many powerful energies that were seeded on the planet and throughout the spiritual creation. These included the 'flames' of *Purity, Devotion, Righteousness, and Sacrifice*, as well as 'blessings' in the form of "*Grace Abounding*" and *Harmony*. We were assigned as 'custodians' of these energies in this realm, and so we decided to anchor them into a suitable IMT for the purpose of spreading these blessings to all who are earnest and receptive. The DBPT serves as anchoring Tool for these gifts of grace. The Tool also works to bring in the most appropriate divine vibration that will serve to open a person to perceiving spirit and feeling their true divine nature in any given situation.

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The DBPT supports energetic shifts out of unwanted or stuck emotional states, so that a person is able to come back to center more quickly. It helps to clear attachment to externals, supports energetic wholeness within, and restores energy flow so that a person can experience greater equanimity and stability in times of stress or challenge. To this end, it works directly on restoring flow through the meridians (the energy pathways of the emotional or astral body), and the extraordinary meridians (the pathways of the causal body that feed into the etheric), much like the effect of an acupuncture treatment that clears causative factors of imbalance. Additionally, it works on purification of the etheric, astral, causal bodies and their interconnections, so that greater receptivity to divine energies is achieved.

The DBPT also serves to accelerate the attainment of desired capacities and traits, by infusing a person with energies to support these etherically, emotionally, mentally, as well as at the level of the ego and the Higher Self. This is particularly useful when a person has never experienced certain positive states of being and has no reference for these. To this end, it has basic functionality in terms of clearing energetic blocks to feeling, clearing the tendency to *mentalize* feeling rather than truly feeling, etc.

The Tool can be used to instill new understandings, insights, inspirations, and ideals that are rooted in universal love and truth as well as those that are specifically relevant to a person's Higher Self or Future Self. In this regard, it helps align a person toward a future

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path that is for their highest and greatest good. Essentially, the Tool will support the integration and *felt-sense* on all levels of being of any vibration that is identified as beneficial and in alignment with the person's highest good.

It also has general functions to accelerate a person to embody greater self in God, inner freedom, love, and truth, and to align one's thinking, feeling, and willing with higher ideals that serve the highest good of all. In this regard, it supports the 'enchristing' of ideals and blessings so that they serve to uplift into higher consciousness, rather than merely serving the personal self, where no such upliftment occurs.

Within the IMT-EHS, the DBPT always activates to support maximum change, and the specific energies downloaded are determined by the person's Higher Self or aspect of self that is untainted and in alignment with Highest Will, and is determined by the issue under focus and the healing intention when the EHS is used.

The All-Levels Clearing & Harmonizing Tool

This is a newer IMT that combines many activations that we've developed over the last few years to clear and harmonize all levels of being, from members of our being (physical-etheric, astral, causal, ego-"I", Higher Self, and Holy Christ Self) to soul faculties (thinking, feeling, willing), to energy flows such as the meridians, extraordinary meridians (causal flows), chakras, endocrine system, auric field, Heart Field, and much more. It also delivers a *Trinity attunement* activation, so that you are increasingly connected to the full power of the divinity that must awaken within at this time in evolution. It activates each time you use the EHS, and will work on what is most imbalanced. The more you use the EHS, the more harmonization you will experience.

How to Use Your IMT-Enhanced Healing Symbol

Once you have created your IMT-EHS and have been attuned by your healing practitioner, you may use your symbol on any unwanted pattern you want to change or new pattern you want to embrace. A pattern can be a belief, a behavior, an emotional state, resistance to something in life, a condition or circumstance in life, a physical condition, a difficult relationship, a stuck mindset, etc. Essentially, the IMT-EHS can help with anything you want shifted or created in your life. You can use it to change your perception of anything in your life and gain greater insight and clarity, to understand people better, navigate more easily through conflict, understand your circumstances, etc.

From your session work with your healing practitioner, you may already have a good grasp on how to use the Tool. The following discussion may just reiterate what you've already learned in healing sessions.

It is good to hold an intention while using the EHS, such as, "Clear this pattern with the intention of helping me [*see more clearly, open my heart, forgive this person, understand and heal this addiction, release the resentment, deepen my self-understanding, become more aligned with my mission, etc.*] Intention narrows the focus of the Tools, and you will get concentrated activation to support the your intention. Note that all the clearing and reprogramming from the Tools is done in accordance with your Higher Self and in alignment with your highest good, always.

Not only does it target the immediate pattern you are focused on, but also it will go after supporting beliefs and patterns and clean up the past with regards to those patterns. As it reworks the past, you will be awakened to a deeper sense of self and inner capacities that were stifled as a result of past programming.

It can be used as a standalone clearing/healing tool, or to augment other techniques that you do, such as, Emotional Freedom Technique (EFT), TAT, the Sedona Method, etc. It will balance your meridians and the deeper energy pathways of your mental body (the extraordinary meridians), accelerating the clearing from any energy psychology techniques.

For every pattern you use it on, the IMT-EHS will automatically activate on similar patterns, working with your Higher Self to accelerate you toward greater wholeness. So the Tool keeps working in you for as long as your Higher Self deems it appropriate.

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Clearing Unwanted Patterns

To use the IMT-EHS, you simply tune in to the pattern you wish to clear and transform, and then image your Healing Symbol for a few moments to allow the Tool to work in you. You can explore around a pattern to identify a complex of beliefs, behaviors, and emotions, and all that you so identify will be targeted for transformation by your Healing Symbol. After doing your Healing Symbol for a few moments, tune in to the pattern once again and notice any shifts. You may have new insights about the situation, the emotional charge may have dissipated, or you may feel new emotions coming up around it. When you get a new sense of things, you can repeat your EHS on what is there now, continuing in this manner until everything feels cleared. A more detailed processing exercise appears in the section on working with clients, below.

Enhancing Manifestation

If you are using the IMT-EHS on a manifestation or something you want to reach for, then tune into what you desire and let yourself feel it for a few moments. Do your EHS on it, taking a few moments to allow the Tool to work in you. Then tune into the desire once again and see if you can sense what capacities you need to engage in order to allow the desire to manifest. If you get a good sense of this, focus on those energies and repeat the EHS on them. You can do a single activation or several rounds of it for each pattern you are working on. It all depends on how deeply you want to go with things.

Specific Reprogramming

You can do specific reprogramming as well. Say you want to clear a sense of insecurity and instill greater self-confidence. You would focus on your sense of insecurity, seeing how it plays out in all areas of your life...allowing yourself to feel the emotions, connect to limiting beliefs, etc. Then you do your EHS, directing it on all that you just touched upon by focusing on the pattern. Feel the EHS sweeping over all that you felt and uncovered. You can do several rounds of this if you wish, as described above. Next, you would focus on self-confidence...how that might feel...how it would look in various areas of life...the larger impact it might have for you...etc. Then you do your EHS, directing it on all that you focused on, with the intention of anchoring self-confidence at all levels of being. Again, you can do several rounds of this, until you feel deeply shifted.

General Quickening

You can even use it as a general healing and awakening Tool, by applying it to all areas of life. To do this, simply tune into each area of life, feel where you are, and then do your EHS on it with the intention to achieve accelerated growth. Do this for each area of life. This is a quick exercise that invites your Higher Power to download new patterns that are for you highest and greatest good.

Creating Your IMT-Enhanced Healing Symbol

The **IMT-enhanced Healing Symbol** process involves the creation of a symbol to be used at any time to clear, heal and reprogram patterns of dysfunction that may be expressing at the physical, emotional, mental, or spiritual level. The symbol that you create will become a means to deliver IMT activations so that the patterns of dysfunction are altered, and you are able to perceive things in a new light. The power of your EHS will depend on what is linked up to it.

As a baseline, once you select your Healing Symbol, the IMT-enhancement portion of the process will link your symbol to the specific activations of **Inner Mastery Tools** via the attunement transmitted to you by your healing practitioner.

As mentioned above, these IMT activations will shift any pattern that you identify and target for transformation. This basic IMT-EHS will work to clear and reprogram patterns to divine ideal patterns as determined by your Higher Self. Your EHS can be used on a belief, a behavior, an emotional state, a physical condition, and so forth. If your practitioner uses other IMTs in their work, then all activations will automatically link into your EHS, empowering it further. The linking of additional activations and codes will happen automatically, once your symbol has been created and installed. All these codes will become accessible and their use optimized by your Higher Self, each time you invoke your Healing Symbol. If you work with other IMT modules or do private healing sessions with an IMT practitioner, the healing activations and frequencies available via your Healing Symbol keep expanding, and the effect of your Healing Symbol as a personal clearing and manifestation Tool will keep increasing for you. **But even if you do not do any other IMT modules or activations, your IMT-EHS is still a very powerful healing tool.**

Infinite Coding and Power

This *Enhanced Healing Symbol* is yours for life, and as all the activations and codes are infinite in nature, they will continually serve your evolution no matter what level of consciousness you have reached. In addition, the IMTs are continually being upgraded as I evolve and as greater potentials become possible in a body.

And as mentioned above, the more you use your IMT-EHS, the more intelligently it works with you, and will activate automatically on all similar situations, triggers, and patterns that you are wanting shifted.

In addition, the EHS becomes more effective the more you use it because the codes integrate more and more deeply in your body. I have noticed that my EHS sometimes works even before I have had time to fully image it, suggesting that just my intention to use it triggers the activations.

Choosing A Healing Symbol

Once chosen, the symbol will act much like a program installed on a computer. The symbol then becomes the 'program'. You create the symbol-program by choosing a word, image, or combination that has a healing/transformation connotation and the effect of uplifting you in some manner. For example, your symbol may remind you of inner peace or may hold possibility of hope, it may be a waterfall in which you feel *washed* clean, a sphere of healing light that vitalizes and regenerates all it touches, or a crystal that represents magnified healing capacity, a goddess spiral or whirlwind of clearing energy, a rose from bud to bloom, or whatever invokes a sense of healing and transformation for you. It may have words or phrases associated with it, like Freedom, Transformation Now, Power of Love, Joy, God in Me, etc. You may be in the image, for example, being surrounded by healing light, having one's heart center light up, in a sacred space or on a beach with the waves washing in over your feet. You may imagine yourself as the visual, transformed in some manner, e.g. beautifully and regally clothed and in a deep state of peace and contentment.

Give some thought to what you would like to use as a personal "Healing Symbol" that evokes a good feeling and represents healing to you. Once you have your symbol, it will automatically be mapped onto your body in all dimensions, so that it holds the frequency of wholeness and you are also connecting to the healing power of your body and evolving it with each use.

It is also useful to engage all the senses with your symbol. Connect to a feeling-state, associate a sound, smell, or other sensory effects as you see fit. The more the symbol has a good body *felt-sense* to it, the more powerful it will be at creating an instant shift, which creates an opening making you deeply receptive to transformation.

Changing Your Healing Symbol

You may change your Healing Symbol if another one feels more appropriate at a later time by simple intention, without needing to redo the attunement—so you can do this on your own at any time. Use the suggested statement of intention below, or make up your own that holds similar intention. It is recommended that you spend a few moments centering at the Heart and activating love and devotion to God, and then focusing on the Crown to clarify your connection to your Higher Self before changing your EHS. Enter into the intention to transfer the IMT activation attunement to your new symbol, and make a statement of intention along the lines of the following:

“Higher Self, it is commanded that my *Enhanced Healing Symbol* be changed to...

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do your new Healing Symbol

...and that all the coding linked to my previous symbol now be linked into this new Healing Symbol. Thank you. It is done, it is done, it is done.”

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Having Your IMT-Enhanced Healing Symbol Installed

If you are working with a practitioner to install the IMT-EHS, the practitioner has been attuned to be able to transmit the IMT-Enhancement codes to you so that get linked to your Healing Symbol. You will choose a healing symbol and hold it in consciousness while the *enhancement coding* is transmitted to you. If you purchased the product from the IMT website, then you will choose a symbol on your own and it will automatically get the IMT-enhancement transmission by stating, “*I accept the attunement*”. This links the coding to your symbol, rendering it into an **IMT-Enhanced Healing Symbol**. From that point on, the IMT-EHS becomes your personal clearing Tool, and you may use it to clear on any unwanted pattern or to magnify or anchor in any desired patterns and traits (as described above). You will also be using your IMT-EHS in your session work, and this will help you to understand how to use the Tool between sessions.

It is best whenever you do inner processing work that you clear your energetic spaces, center yourself, and connect to your Higher Self/Higher Power. The vibrationally encoded image “*Creating a Sacred Space for Inner Work and Healing*” (below) will assist you in preparing energetically for this. (Look at it for a few minutes to take in the coding of the image). As well it is advised that you spend a minute or so tuning into your Crown chakra in order to increase your connection to your Higher Self.

NOTE: The attunement from your practitioner is complete and performs all that is necessary to install and activate your Healing Symbol. However, it can be of benefit to consciously understand and connect to what the IMT-EHS implements and what you are requesting of it each time you use it. To this end, the following invocation has been included.

It is suggested that you read aloud ALL of the following statements with intention, at any time after your symbol has been activated.

God/Higher Self, I welcome the linking of my *Enhanced Healing Symbol* with the baseline Inner Mastery Tools being offered to me via this process, augmented by your ray of healing that is for my highest and greatest good.

Each time I focus on an emotional state, thought pattern, belief, behavior, discomfort, unwanted condition or situation, and/or physical condition (called ‘the pattern’) that I wish to heal/transform, as I do my *Enhanced Healing Symbol*

.....say and see your *Enhanced Healing Symbol* now.....

I welcome transmission of the optimal blend of Inner Mastery Tools and all other activations and vibrational tools accessible to me via this symbol, to deeply transform the pattern and its origins in me at all levels of being for now and all eternity, helping me release all allowing/attractor patterns for it, and helping me to perceive and reach for a new transcendent reality that leads me on the path of my highest good and ever deeper Self. Let this be done to my maximum level of receptivity and increase my receptivity each time. And each time I say and see my *Enhanced Healing Symbol* repeatedly, all the activations will be magnified to heal deeper and deeper layers and all aspects of my being.

And each time I put my attention on a new behavior, belief, manifestation, or emotional state that I wish to experience and embody, while doing my *Enhanced Healing Symbol*, clearing and healing of hindrance patterns will be carried out by the IMTs, as above, in the divine ideal manner to make me increasingly receptive to what I desire to experience, and the energies and capacities that I need to fulfil my desire will be anchored in me to an increasing degree.

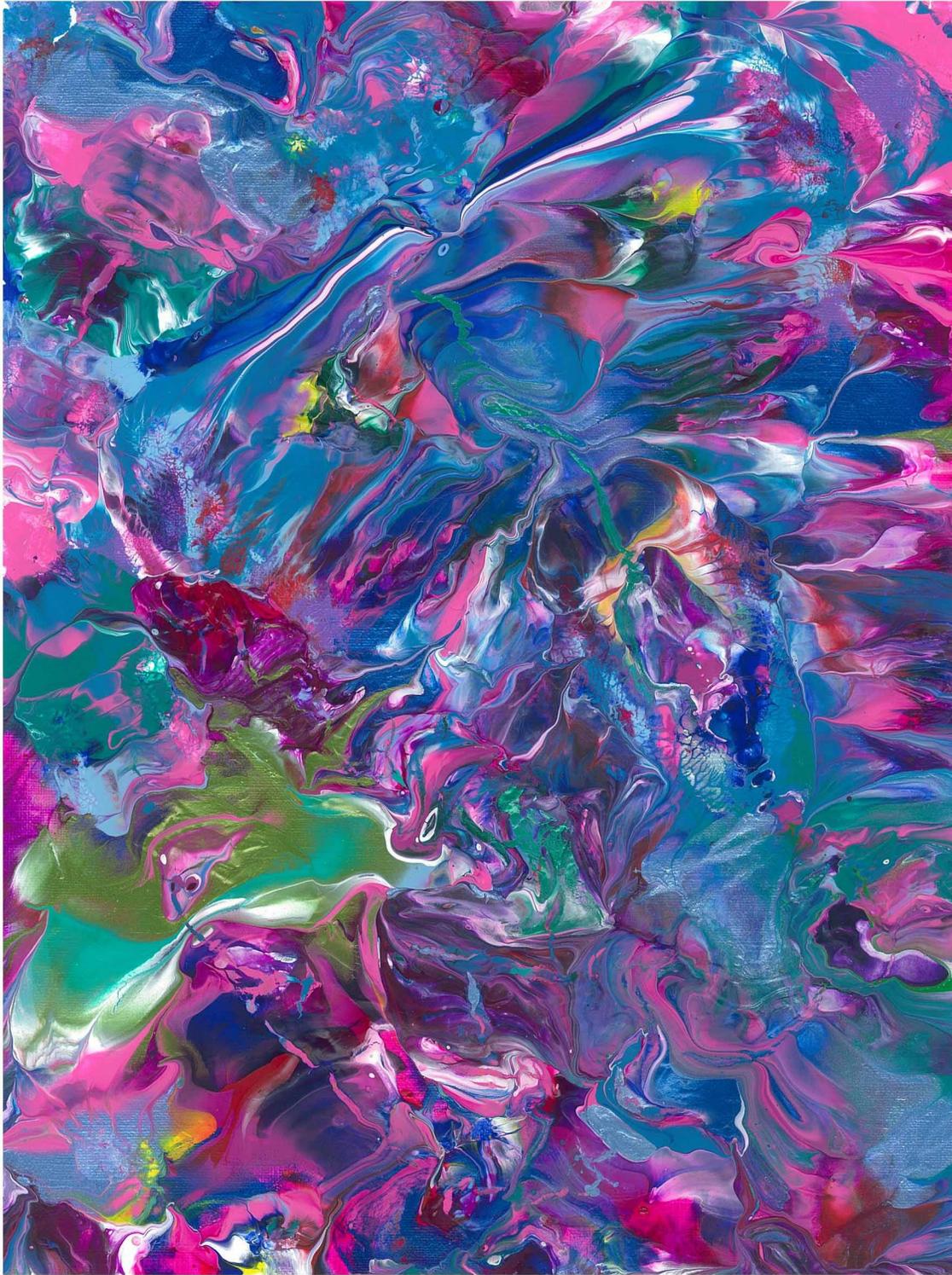
Thank you. It is done, it is done, it is done.

* * * * *

Once you have received the attunement and (optionally) completed the above invocation aloud, your *Enhanced Healing Symbol* is permanently a part of your healing resources and you may use it anytime. You never have to repeat the attunement or invocation again.

The more you use the symbol with clear intention and full attention to what you wish to change in you, the more powerful this process becomes and the more frequently it will automatically work in you in future. And each time you work with new IMTs, activations, images, trigger affirmations, etc., the scope of healing energies programmed into your Healing Symbol will expand. **In effect, you are building your personalized IMT-enhanced Healing Tool in accordance with your specific needs through this process.**

Vibrationally Encoded Image to Clear Your Spaces



Vibrationally Encoded Image: Creating a Sacred Space for Inner Work and Healing

Appendix A: About the Developers



Anita Briggs, DCEd, MSc, DAc, is a psychotherapist, spiritual healer, and author who facilitates emotional clearing using Rapid Eye Therapy, energy psychology, and Inner Mastery Tools. In private practice for over 12 years, she has helped many clients heal from all manner of limitation, including depression, anxiety, phobias, addictions, relationship issues, physical conditions, and feeling stuck in life. With over 25 years of esoteric study and a strong vision and commitment to human freedom, her passion has been to help people become free of their past and able to embrace a life of greater

purpose, and fulfillment.

From extensive training in a number of modalities, Anita offers a unique blend of methods and brings a wide range of spiritual philosophy and tools into her healing practice. If you would like to experience the Inner Mastery Tools in a personal consultation with Anita, please email her at anita.lucia.briggs@gmail.com. She offers in-person as well as telephone sessions and remote healing.

Anita is continually seeking better, more effective and accelerated methods of achieving healing and enlightenment and this has led her to developing Inner Mastery Tools for therapy and personal healing. Anita is involved in many projects, including several Remote Healing Programs to integrate higher vibrations of light/consciousness (*Awaken 2012!*, and *Body Purification to Integrate Infinite Consciousness*). Practitioner training for use in IMTs (level 1) is underway.