

## Angels of the DNA

*The following is a description of one of the insights and gifts of the many angels working in our DNA. I included this because this insight is so important for us to put into practice! (The elixir is labelled 033 Lauvael.)*



### *Angel La-uva-el*

**Function:** Revealer of beauty unseen

**Insight:** *“By releasing others in our environments as though they do not exist when not with us, we set them free from individuation and ourselves as well. Most of what we think we are, is affirmed by relationship.”*

Consider relationship as a delightful game of self-awareness. When we think we know ourselves, we have stopped growing, are subject to linear time and ruled by the forces of degeneration and death. When we know that the most interesting part about ourself is *what we don't yet know*, then we enter in the fluid unfoldment of the ever new, wherein is found timelessness and continual regeneration.

When you project fixed identity and expectations on others, you bind yourself to fixed identity and have created the prison bars of illusion for all. Consider that if someone is challenging you in life and you keep the memory of the challenge and how you perceive them alive in you when they are not present, you strengthen the field of interaction between you and the other. When they then show up again, unless they are sovereign and conscious in life, they will step into your projection and interactional field, and all will play out according to your fearful expectations.

As they step into your projections, they will feel restricted and negatively triggered in your presence.

Try having a delightful and expansive interaction with someone who judges you harshly...and you can see how others' projections either become your prison bars, or you will move away from them altogether.

*Lauvael* reveals to us that the quickest way to allow higher to unfold is by allowing people to plunge into the Ocean of Oneness when they are not present. If you need to consider someone because there is inner work to be done, then bring them up from the Ocean of Oneness, being careful not to perceive through fixed perceptions, but rather through the fluid unfoldment of infinite possibility.

Releasing these projections entails openness to being amazed by life, which is a power of the god being. It also moves perception beyond personality. Understand that personality is a mask—a way of presenting based on programs. When we sense our consciousness at a depth beyond personality, we free ourselves from fixed ways of being. Anything fixed hinders truth. It is fine to express through personality traits, so long as they are fluid, expansive, and so long as we do not define ourselves by them. As you become conscious of this, you will no longer define others and hold them to expectations that imprison, and your relationships will enter more and more into the co-creative realm of magic.

Practice allowing others to dissolve from your inner space when they are not around you. This is a powerful and profound practice that frees you from the confines of your fantasy projections. When you do this, you allow others to appear anew each time you encounter them.

The angel sound elixir given with this exercise has encoded the DNA activation to support you to this new way of being. Use it with the suggested exercise, or simply do it whenever you are triggered by another, calling in *Lauvael* to release you from your fixed perceptions about yourself that cause you to judge and project rigid structures on others.

### ***Exercise 1 ~ Challenging Person:***

- Tune into a challenging situation with another.
- Feel into how you perceive them, and reflect on the you who perceives in that manner. Feel the constriction and rigidity in this.
- Tune into all the energy you have spent on thinking about the situation and the person, and consider how redirecting that energy to imagine miraculous openings and transformation *for yourself* might better serve.
- Now imagine holding the highest of yourself...and of the other in mind. And let that go.
- Ask *Lauvael* to help you experience having let that person plunge into the Ocean of Oneness since the time of the challenge. And also ask that you be assisted to this new way of being.
- Immerse in this while listening to the elixir as often as needed, until you feel shifted.
- Tune in again, and see how you are able to perceive anew. Notice any sense of expansion. If you still feel bothered and constricted, repeat the exercise.

## *Exercise 2 ~ Allowing memory-less existence*

- Get a sense of how you hold all the players in your life in your consciousness when they are not present. You may have thought this was a form of love, but that is not so. You can hold love for loved ones continuously without holding them in fixed perceptions. In addition, when you release loved ones between times that you are with them, you allow them to unfold unhindered by your concern or 'worry'. Love is not worry. Engaging faith that others will be fine to find their way is a truer form of love. This is not aloofness or ignoring; it is an active power of affirmation and blessing whenever the other comes to mind...then letting them sink back into the Ocean of Oneness, in the care of the Infinite.
- Play the elixir and ask Lauvael to support you to live the highest principles of freedom and sovereignty in love with others. Open up at the DNA level, release the old patterns, and know that the angels are working those DNA changes into your outer reality.

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### *Note for those who have the IMT-EHS:*

- If you have the Enhanced Healing Symbol (**IMT-EHS**), then spread it out as Temple, expand at the Heart, do the above as proxy for humanity, and place your EHS in Head, Heart and Gut, and ask that all the insights and shifts that you make through the process translate directly into DNA activation and integrate at all levels through the body.