

Refining the Qi, Cultivating the Virtues, and Using the Pearl of Goodness for an Energetic Facial

In this teleseminar, we activate the virtues and perspectives of the yin organs to alchemically leverage the power of the Pearl of Goodness in the Gut center. We then utilize the pearl in a process to achieve facial rejuvenation.

Preparation for the Meditative Ceremony

Select a music elixir to play during the call. You may play it on your computer simultaneously while listening to the call.

Print the six power wheels provided in the separated pdf, as they are used in the meditative ceremony. These wheels are sacred objects and please treat them with reverence.¹ All come from the Infinite, through Almine (www.spiritualjourneys.com). Take a moment to be in appreciation for these most sacred gifts of awakening from the dream of separation.

These wheels are very pertinent for what we can embody at the present time, and while they serve the theme we are working within, their effects are far broader and deeper than we can get into at present. Just understand that the body is being activated to be in resonance with the new reality, and these power wheels bring these potentials in, adding another component to the alchemy that is taking place.

Stack the following three wheels, with the first at the bottom or the stack:

- 1- Wheel of Perpetual Self-Regeneration*
- 2- Wheel to Purify the Life Force Center*
- 3- Wheel to end linear time*

Place these wheels at your back, in line with the navel area (life force center).

Also have the other three wheels printed, as you will be instructed to place your left hand on each as you work with the three 'treasures' that nourish the face.

- 4- Wheel to Sever Ancestral Lineages*
- 5- Labyrinth of Renewal*
- 6- Wheel to Cut the Ties that Bind*

¹ Do not leave them lying around. If you no longer wish to use them, then the way to dispose is to burn them.

Applying the Fragrance Alchemy Oils for the Call

If you wish, you may the archangelic elixir Beauty-Upliftment-Regeneration (13:55) in the background.

If you have the 8 extraordinary meridian kit, then pre-apply the 8 FA-oils on master and coupled points, using the sequence given to clear the eight primary illusions (go to the download page and look at the pdfs near the power sigil with the orange background).

Apply other FA oils from the 12-meridian kit, as follows (see the many images provided, below, to locate points):

- Blend of the Gods and Flower of Saffron at the top of the head (**Du 20**)
- Rose and Henna Flower at the Heart center (**CV or Ren 17**)
- Goddess Blend at the tailbone
- Flower of Saffron at the back, 1 to 1 1/2 ins from the spine, behind the navel (**Du 4** area), bilaterally
- Flower of Saffron at the back of the neck (1 in from midline), bilaterally (**UB 10**)
- Blend of Gods and Goddess blend at **Du 16** (top of neck at high point of indent where spine and skull meet)
- Sandalwood at **St3, St 4, St 6, St 8**, bilaterally
- Gardenia at Yintang (**M HN 3**)
- Blend of the Gods on **TH17, TH19, TH 23**, bilaterally
- Patchouli on **GB 20** (midway between shoulder and neck)
- Henna Flower on **Per-6**, bilaterally
- Narcissus on K-17 (under collarbone, a few inches from midline of body), bilaterally
- Lotus on **SI-19** (mid and front of ear--see side shot of head with all the points), bilaterally

Place a few drops of Neroli, Sandalwood, and Rose oil on thumb and index finger, rub into ears from top of ears to earlobes and back up--this stimulates all the acupuncture points on the ears. You don't have to know the points, just rub firmly until the ears are warm.

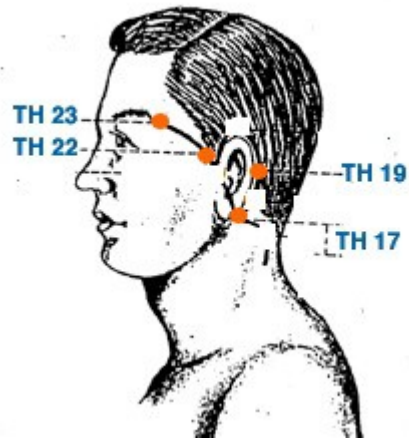
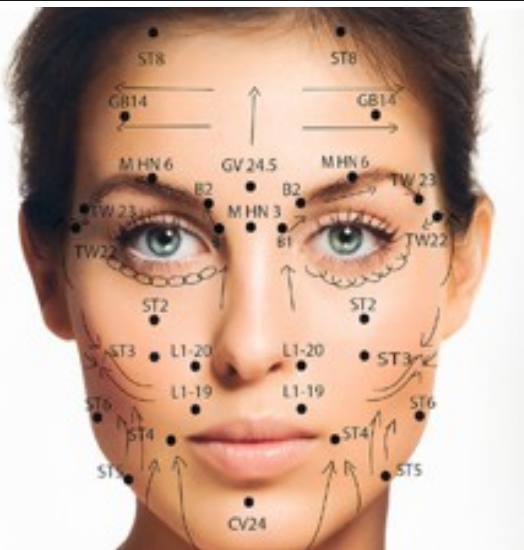
You may contemplate on a few of the affirmations that capture the principles of self-regeneration, below.

Affirmations for Perpetual Self-Regeneration

Choose affirmations from the list of statements that support perpetual self-regeneration, as you feel guided. A suggestion for the suggested daily exercise (to come), is to use one affirmation for each pair of points that you stimulate. So if you do 2 pairs, choose 2 affirmations to focus on. If you do 3 pairs, use 3. And let those affirmations linger as contemplations for the day.

If you are listening to the call or the audio with angelic elixirs, then after applying the oils, go through all affirmations at least once, feeling deeply into each one. You enter into the dignity of self-sovereign being when self-sustaining and self-regenerating. Nothing has power over one who knows the Self as the source of all sustenance...as the door of everything. No condition, circumstance, or person can disturb the deep peace of living from the real core of being.

I am self-sustaining emotional self-sovereignty
I masterfully direct life within complete surrender
In joyful surrender, my cells are continually regenerated
I withdraw from the games of mirror
I live beyond self-reflection, into the lighthearted liberation of unselfconscious self-expression
I fluidly release all linear time, letting go of all stories and negative expectations
I live as the appreciative observer of life that is a force of love
I am the innovative dancer of the eternal song of the One Life
I allow the joyous reshaping of my ever-renewing form
I am an exquisite miracle of unfathomable beauty
I delight in the miracle of expression in form
I have inspired enthusiasm for self-regenerating form
I celebrate the victorious expression of incorruptible form
I live in ever-renewing childlike wonderment and glad expectations
I live in open receptivity to the unfathomable wonders of existence
I engage in the adventure of never-ending, aware self-discovery
I live in readiness to be amazed
I live in self-generated inspiration for the graceful artistry of expression
I express unselfconscious genius and radiate the fullness of my being
My life becomes a work of art as I take full responsibility for my expression within it
In reverent awareness, I participate fully in life
I move effortlessly through life from the eternal perspective
My beauty is ever new as I am ever new
I am my own source of boundless vitality



Major facial points are:



Stomach points ~ St 1 starts under the eye. Follow from St 1 to St4 at the corner of the mouth, Tt 5 at the lower jaw, then move up to St 8 at the corner top of the forehead.

